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SOCIAL ISOLATION OF A SCHIZOPHRENIC: REASONS AND SOLUTIONS TO THE PROBLEM

People have been trying to find out what the cause for mental insanity was for many centuries and even millenniums. Undoubtedly, the society has created a lot of different stereotypes and myths about the behavior of people suffering from mental illness. A normal healthy person who does not know perfectly the nature of the illness cannot adequately react to an abnormal behavior. The medical literature describes many types of mental insanity. In particular, a lot of them are devoted to such a disease as schizophrenia. It was as far back as the beginning of 20th century when a famous Swiss professor Eugen Bleuler distinguished a new term “schizophrenia”. Afterward, a lot of world-famous scientists such as German psychiatrist Emil Kraepelin, Swiss psychiatrist Eugen Bleuler, Russian scientist Alexandr Omkar and others who described in details the main symptoms of the illness: disorganization of thinking, delirium, inadequate emotions and antisocial behavior. Schizophrenics are extremely vulnerable and sometimes completely helpless. Instead of understanding and support from the side of society other people avoid any contacts with them. In fact, a lot of schizophrenics are able to adapt to life among others and to become the full members of the society.

Our study aims at the analysis of the different mental disorders, ascertaining of the main symptoms of schizophrenia and finding out the reasons for social isolation of insane person and the solutions to problems.

Schizophrenia is a malfunction of the cerebrum. As a result, people who suffer from this illness have the specific perception of the reality and in some cases they can even lose the connection to the society. Such people are always stressed, they often say something strange and incomprehensible, besides that, they often hear some unknown voices and even feel themselves shadowed by someone. Schizophrenics cannot have a normal and usual life, because this illness is always progressing.

People with schizophrenia are very unpredictable: their emotions change very often. For example, they can deeply hate something, but find the same

thing fine and nice a few minutes later; or they can wail over the dead aquarian fish, but stay indifferent to the death of the family member [1; 2].

People often think that schizophrenics are dangerous to the common people, but those are only myths. In fact, they become the victims much more often than the aggressors. Their antisocial behavior and desire to hide themselves from the whole world lead to the negative consequences. The society often keeps away from the mentally ill and even the relatives of such people can turn them out of the house instead of finding out the cause of their deranged behavior and treating them in appropriate way. Schizophrenics can even die because of a suicide [3].

Hallucinations and delirium mostly induce person to consult a psychiatrist, but the main problem for the sick is the negative symptoms: decrease of activity, reluctance to communicate, absence of emotions and contacts with other members of the society. He\She is close, isolated from the study and work. There are cases when people with schizophrenia become too rude, relate to their parents as to the alien people. Schizophrenics see fantastic dream, grimace, deform words. Their behaviour is uncontrolled and unpredictable [3].

People often think that schizophrenia is a sentence for all life. Of course, sometimes symptoms are displayed periodically up to death. The medicine is ineffective, they deprive ill people only from superficial symptoms for some period of time. Other patients can continue their normal life, work, earn the large amount of money as the healthy people do, spend free time with their family. Undoubtedly, they take pills every day.

We must remember that schizophrenics live ten years less than healthy people. Therefore, they need special attention, support, timely and quality treatment. Currently, there is an individual method of psychotherapy. It includes trainings on social adaptation of a patient with schizophrenia. Members of the family are provided with detailed knowledge about all symptoms of the disease. They help to get self-esteem of patient, to realize themselves in any activity, to adapt in any creativity and society.

Thus, schizophrenia is possible to be cured in spite of the fact that it is serious mental disease. People with schizophrenia can easily distinguish real things from invented, control the emotions and think clearly if we start to treat the illness in time. Otherwise, ill people isolate entirely themselves from others, become indifferent and depressive. No doubts, they need the support of the close people, understanding and help apart from the treatment. As a result, schizophrenics can become happy and full members of the society.

References:

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PSYCHOLOGY OF LOVE

Life without love is like a tree without blossoms or fruit

Khalil Gibran

Love is one of the most important but the most complicated emotions that we feel. Unfortunately, not everyone admits this fact [2]. When they hear this word, they immediately think about "romance". Also, they may simply argue that this is something that can not really be determined. Even the most brilliant minds do not seem to set the correct and accurate definition. But psychologists today think in different way. Love, after all, has connections with one's behavior and attitude, and since it is, at its core, an emotion, it can be studied subjectively and analyzed systematically. That is what is called the psychology of love [3].

If we want to propose the definition of love, we must define those who use a broad view, describing it as a whole or a variety of feelings, attitudes, behaviors and conditions that represent the individual's satisfaction over something, or his adherence to other people and beings. We do not understand much about love as much as we are even convinced that it exists as an essential psychological state outside of social constructions[3].

That's why a lot of research into why we mate is bizarre to the point of incoherence – cultural norms as well as oddities in research methods can create a lot of noise. Yet it turns out that there is a lot of science about why people fall in love that is at once super strange and actually fairly credible. Here are the